

**NUTRITIONIST
APPROVED** ✓

HOT LUNCH BAG	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT CHOICE	Jacket Potato with various fillings	Macaroni cheese	Meat balls and potato wedges	Cheese pizza or Pepperoni Pizza	Fish Finger Roll Or hot dog
COLD CHOICE	Ham, cheese, Tuna Sandwich	Ham, Cheese, Tuna Baguette	Ham, Cheese, Tuna Sandwich	Ham, Cheese, tuna mayonnaise baguette	ham or cheese or Tuna sandwich
SALAD SELECTION	Cucumber sticks	Carrot sticks	Cherry tomato halves	Carrot sticks	Cucumber sticks
DESSERT OF THE DAY	Shortbread biscuit or Yoghurt	Banana Bread or Yoghurt	Chocolate chip cookie or Yoghurt	Oaty Biscuit or Yoghurt	Chocolate brownie or Yoghurt
FRESH FRUIT	Fresh fruit pot or Piece of fruit	Fresh fruit pot or Piece of fruit	Fresh fruit pot or Piece of fruit	Fresh fruit pot or Piece of fruit	Fresh fruit pot or Piece of fruit



MENU



Fuel your afternoon with a healthy school lunch from Mellors

- MEAT FREE MONDAY
- 1 OF YOUR 5 A DAY
- CHEF'S CHOICE